

Who Can be helped with orthotics?

Orthotics can be very helpful for treating many conditions, such as:

- To aid in correcting foot and leg function so to normalise the damaging forces that can cause injury, inflammation and pain
- To actively re-distribute load and stress away from areas of trauma that have developed as a result of too much pressure
- To support feet while standing for long period of time that can result in foot strain, often causing the day to day foot aches
- To accommodate enlarged joints, arthritic changes and other lumps and bumps in our feet we get through living life
- To enhance the function of the feet, ankles, knees and legs when the body is placed under high stress such occurs in sports
- To prevent High pressure areas that can cause high pressure areas sometimes resulting in tissue damage such as ulcers.